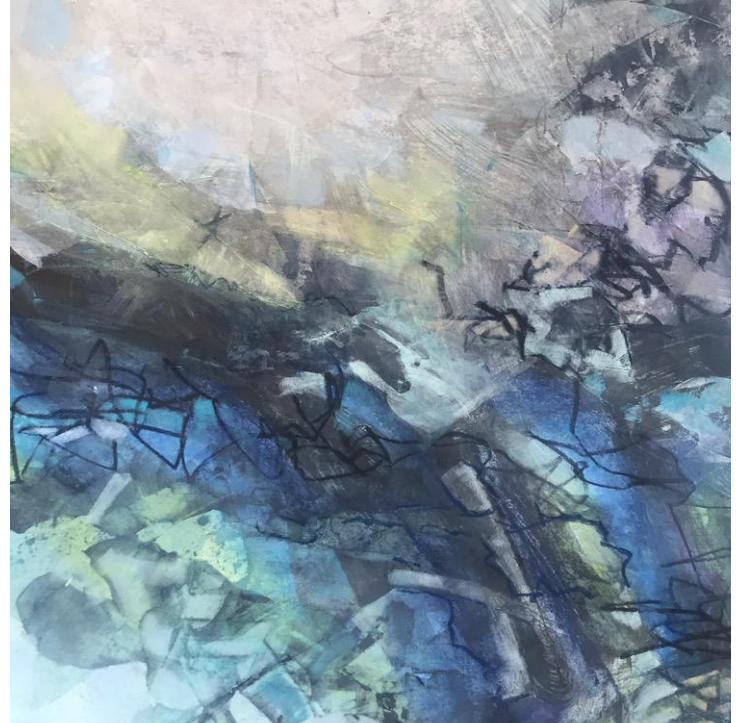


Immerse Yourself in the Process this Autumn

Experiential drawing and painting workshop with award winning artist

Diana Sanford



Jam Session

Cape Breton Island September 15-18

Ever wonder why we “play” music but do art “work”? Come and practice improvising in this playful, interactive workshop. Our focus will be a greater understanding of our unique personal process. This is a structured workshop with short presentations, shorter demonstrations, and exercises layered and designed to help you lose yourself in your experience. We will close each day with a group discussion of what we discovered that day. This is an intense workshop open to all adventurous artists with basic comfort with the materials and is also appropriate for the advanced artist looking for a fun break and a new perspective.

A complete description and materials list can be found on Diana's website at:

www.dianasanford.com

This workshop combines Diana's experience as a psychotherapist and her many years painting with a passion for teaching.

- ▶ **Limited space available. Register now!**
- ▶ Minimum 14, maximum 16 participants
- ▶ Registration deadline is June 30th
- ▶ Early-bird workshop fee is \$400 to April 30th, \$435 between May 1st and June 30th
- ▶ \$150 non-refundable deposit due upon registration
- ▶ Payment in full due by July 31st
- ▶ Mail payment to: Linda Wright, Box 437, Baddeck, N.S., B0E 1B0

Where: Masonic Hall Baddeck, N.S.
Time: 9:00am - 5:00pm. Friday – Monday
Early setup available Thursday afternoon between 2 – 4 pm

For more workshop information

please contact: Linda Wright,
902-295-2726 or email:
lindawright@seasidehighspeed.com
Or contact Diana via her website